



Following Jesus Fishing for people

Outline for Trainers

TRAINING OUTLINE

Session one <ul style="list-style-type: none">• Discovery Bible Study• Sharing your story• Make a list	Session five <ul style="list-style-type: none">• Whom does God accept?• Reflection and discussion
Session two <ul style="list-style-type: none">• Parable of the soils• Bridging	Session six <ul style="list-style-type: none">• Repent and believe• Three thirds discipleship• Big picture (Movements diagram)
Session three <ul style="list-style-type: none">• Sharing God's story	Session seven <ul style="list-style-type: none">• Be baptized• Practice baptizing
Session four <ul style="list-style-type: none">• Disciples on mission• Reaching new people (persons of peace)	Session eight <ul style="list-style-type: none">• People we've reached• Multiplying workers• Building momentum

NOTES FOR THE TRAINER

This guide is a resource for training in disciplemaking movements using the booklet, *Following and Fishing: Getting Started*. The latest versions are available at: www.movenetwork.org/engage/resources

Trainers should be already engaged in sharing the gospel and making disciples.

Training can take place informally one-on-one, or in a structured group setting. Each session takes two hours.

Training is complete when participants have learned how to make disciples, and how to equip others to make disciples.

At the completion identify trainees who are implementing and form an Iron on Iron gathering. See p12 of this booklet on how to run an Iron on Iron.

SESSION ONE

Opening

- Find someone you'd like to get to know better and introduce yourself.
- Pray for people you know who are far from God. Don't discuss them, just include enough detail in your prayer to allow the other person to pray along.
- Vision cast: the story of the Samaritan woman (John 4). A new believer became the first missionary to her community. We can follow her example and become witnesses to the people we know and love.

Discovery Bible Study (DBS), p23*

- Presenter retell the story of the woman who wept at Jesus' feet (Luke 7:36-50).
- Participants retell the story in pairs.
- Presenter led the pairs through a DBS — What does the story teach us about (1) God, or Jesus who shows us what God is like? (2) the people in the story? (3) What should we do this week in response to what we have learned? (4) Who could we share the story with this week? (5) Pray for each other.
- Presenter gives the groups one question at a time and about five minutes on each one.
- Debrief the benefits of using a DBS approach with the whole group.
- Point them to page 23 and the outline of a DBS and the Seven Stories of Hope.
- Explain that DBS is the building block of a disciple making movement. It's the tool we use with seekers, new disciples and maturing disciples.
- Challenge them to find a seeker and do the Seven Stories of Hope with them.

*Page numbers refer to the Following and Fishing: Getting Started booklet for trainees.

Sharing your story, p 18

- Presenter models sharing his/her story. Line up three chairs. Sit in the first one and tell share your life before Christ in one minute. Participants do the same in pairs. Move to the second chair and tell how you came to know Christ in one minute. Participants do the same in pairs. Move to the third chair and share your life since knowing Christ. Participants do the same in pairs.
- Participants find new partners and take it in turns to share their whole story in three minutes.

Make a list, p 19

- List around twenty people in your relational world/s.
- Identify five to pray for regularly.
- Who will you share your story with this week?

Homework

- Share the story of the woman who wept with someone
- Share your story with someone

SESSION TWO

Opening

- Find a partner. How did you go sharing your story? Pray for people you know who are far from God. Don't discuss them. Just pray.
- Large group: How did people go sharing their story? Did you share the Bible story with someone?
- Vision cast: When Jesus called his first disciples he commanded them to follow him and he promised to teach them to fish for people (Matt 4:19). Jesus still calls us to follow him and promises to equip us to fish for new disciples.

Discovery Bible Study, p23

Parable of the Four Soils: Mark 4:1-9, 13-20.

Bridging

- Presenter models how to bridge with a volunteer.
- Role play connecting with someone.
- Pray for a need in their life.
- Ask, "Are you near or far from God?"
- Listen to their story.
- Ask, "Can I share how I came near to God?"
- Share your story in three minutes.
- Ask, "What do you think?" Listen.
- Ask, "Would you like to catch up again and read some stories from the Bible of people who were far from God and came near to God?"
- Participants practice by role playing in pairs.

Homework

- Who will you meet up with this week and see an opportunity to pray for a need and bridge to sharing your story and/or a Bible story?
- Pray in pairs.

SESSION THREE

Opening

- Find a fresh face. How did you go sharing your story? Pray for people you know who are far from God. Don't discuss them. Just pray.
- Large group: How did people go sharing their story or a Bible story?
- Vision cast: Matthew 28:18-20. Jesus has commissioned all of us to make disciples, baptizing them and teaching them to obey him. He promises us his authority, and his presence wherever we go.

Sharing God's story, pp 20-21

- Presenter models sharing God's story with a volunteer.
- Hand out New Testaments. Participants mark the verses with highlighters and number them in the right order.
- Paste a copy of the insert on pp 8-9 onto the front inside cover of the NT.
- Take turns to role play sharing the gospel and leading someone to Christ.
- In pairs, pray for the people with whom you will seek to share the gospel.

Homework

- Share God's story with someone this week.
- Practice the bridging exercise with someone who is far from God.

SESSION FOUR

Opening

- Find someone new. What has God been teaching you this week? Did you share God's story with someone? Pray for people you know who are far from God.
- Large group: How did people go sharing God's story? Has anyone practiced bridging?
- Vision cast: Matthew tells us that Jesus visited every town and village in Galilee. There were about 175 towns and villages. Jesus didn't wait for people to come to him. He was constantly on the move looking for people God had prepared.

Discovery Bible Study, p23

- Jesus sends his disciples on mission: Luke 10:1-12.

Reaching new people, p 22

- Complete the exercise on p22.
- Debrief it as a large group.

Homework

- Plan an opportunity to go out prayer walking, looking for persons of peace.

SESSION FIVE

Opening

- Find a fresh face. Share something God has taught you from his word this week. Since we last met, how have you gone fishing for disciples? Pray for people you know who are far from God.
- Large group: How did you go looking for persons of peace?

Discovery Bible Study, p23

- Whom does God accept? Luke 18:9-17
- The second of the Seven Stories of Hope.

Group reflection and discussion

- What has God been teaching you through the training so far?
- Are you sharing with people who are far from God?
- Where are you stuck?
- How can you get unstuck?
- What do you need to do next?
- Pray in pairs.

Homework

- Find someone who is far from God to do a Discovery Bible Study.

SESSION SIX

Opening

- Find a partner. Share something God has taught you from his word this week. Since we last met, how have you gone fishing for disciples? Pray for people you know who are far from God.
- Large group: Are you doing Discovery Bible Study with anyone?
- Vision cast: When Jesus called his first disciples he commanded them to follow him and he promised to teach them to fish for people (Matt 4:19). Jesus still calls us to follow him and promises to equip us to fish for new disciples.

Command 1: Repent and Believe, pp 4-5

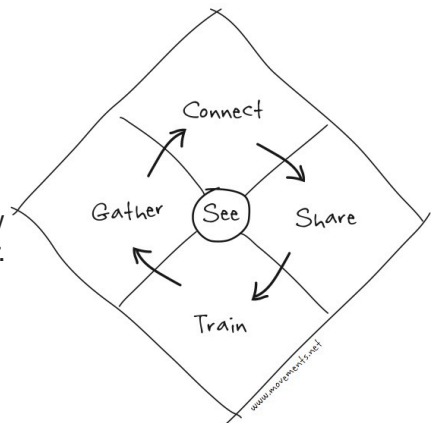
- In groups of three complete the study Repent and Believe.

Three thirds discipleship, pp 24-26

- Presenter explains Three Thirds Discipleship. In groups of three redraw the Three Thirds table p 26 from memory.
- Orientation to the 7 Commands for foundational discipleship.

The big picture, p 31

- Presenter draw and explain the Movements diagram as an overview of where we are going. There is more on the Movements diagram on pps 6-7 of Following and Fishing: Getting Started.
- On paper napkins, participants redraw and explain the diagram to each other.



Homework

- Download the Following and Fishing: Trainers Outline: <http://www.movements.net/followingandfishing>
- Begin training at least one believer in Following and Fishing: Getting Started.

SESSION SEVEN

Opening

- Find a partner. Share something God has taught you from his word this week. Since we last met, how have you gone fishing for disciples? Pray for people you know who are far from God.
- Large group: How did people go sharing your story and/or God's story? Are you doing Discovery Bible Study with anyone? Have you trained anyone? How are they going in following Jesus and fishing for people?

Command 2: Be Baptized, pp 6-7

- In groups of three complete the study Be Baptized.

Practice baptizing

- Presenter demonstrate how to baptize a new disciple.
- Participants practice how to baptize a new believer. Two people per new disciple.

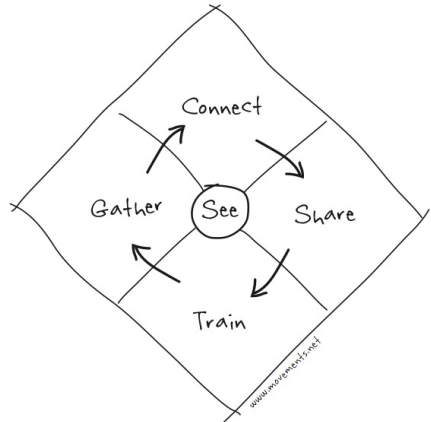
Homework

- Continue doing Discovery Bible Studies with any potential disciples with whom you are meeting.
- Continue discipling any new believers in the 7 Commands.
- Continue training believers in Following and Fishing.
- Continue sharing Bible stories, your story and God's story with people who are far from God.

SESSION EIGHT

Opening

- In pairs: How have you gone fishing for disciples? Pray for people you know who are far from God.
- Individually: Draw the Movements diagram and write in the names of the people you have Connected, Shared, Trained, Gathered and Multiplied.
- Large group: Draw the Movements diagram on a whiteboard and everyone fill in the names from their individual lists.
- Reflect on what God has done through the training.



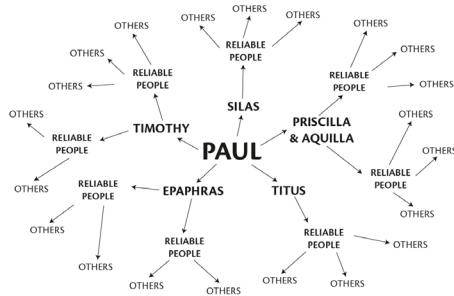
Discovery Bible Study

- Multiplying workers: 2 Timothy 2: 1-10

Multiplying workers

- Presenter explains the Four Generations diagram on page 10. Cast vision for training others.

Four generations



Building momentum

- Discuss the possibility of launching a monthly Iron on Iron meeting to keep the momentum going. If there is interest plan the first two monthly meetings.
- Participants share what God has done through the training. Reflect again on the names listed on the Movements diagram. Cast vision for what could be if the momentum continues and if participants begin training others.

IRON ON IRON

An Iron on Iron brings together workers who have been trained in disciple making movements, and have begun to implement the learning.

The gathering follows a Three Thirds Discipleship pattern. Choose an appropriate passage from the list below.

Passages

1. Parable of the soils (Mark 4:1-20)
2. Parable of the growing seed (Mark 4:26-29)
3. Jesus' school of leadership (Mark 4:35-41)
4. Missionary to the Decapolis (Mark 5:1-20)
5. Cost of discipleship (Mark 10: 17-31)
6. The heart of a leader (Luke 4:1-15)
7. Rules of engagement (Luke 10:1-12)
8. Jesus enters a house of peace (Luke 19:1-10)
9. The Samaritan woman (John 4:1-47)
10. The story begins (Acts 2:1-41)
11. Signs of a healthy church (Acts 2:36-47)
12. Boldness and prayer (Acts 4:1-31)
13. Persecution and progress (Acts 8:1-25)
14. Conversion and calling (Acts 9:1-22)
15. Peter's conversion (Acts 10:1-48)
16. A job well done (Acts 20:17-38)
17. No room left (Romans 15:17-24)
18. Paul's co-workers (Romans 16:1-27)
19. Letter to a new church (1 Thessalonians 1, 2, 3, 4, 5)
20. Reproducing leaders (2 Timothy 2:1-10)
21. Finishing well (2 Timothy 4:1-8)

Questions

- What God is doing? (Reproducing Gospel, Reproducing Discipleship, Reproducing Church Formation)
- Where you are stuck? (Reproducing Gospel, Reproducing Discipleship, Reproducing Church Formation)
- What two key action plans that would move you towards generational growth?
- How could we pray for you?

Verses

- John 3:16
- Romans 3:23
- Romans 6:23
- Romans 5:8
- Romans 10:9
- Acts 2:37-38

Questions

1. Are you a sinner?
2. Do you want forgiveness for your sins?
3. Do you believe Jesus died on the cross for you and rose again?
4. Are you willing to surrender your life to Christ and be baptized?
5. Are you ready to invite Jesus into your heart and life?

Prayer

Heavenly Father, I have sinned against You. I want forgiveness for all my sins. I believe that Jesus died on the cross for me and rose again. Father, I give You my life to do with as You wish. I want Jesus Christ to come into my life and into my heart. I ask this in Jesus' name. Amen.

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CREATION TO CHRIST DISCOVERY BIBLE STUDIES

God Creates	Genesis 1:1-25
God Creates Man and Woman	Genesis 2:4-24
Man and Woman Eat the Fruit	Genesis 3:1-13
God's Curses	Genesis 3:14-24
God Regrets His Creation	Genesis 6:5-8
God Saves Noah and His Family	Genesis 6:9-8:14
God's Covenant with Noah	Genesis 8:15-9:17
God's Covenant with Abram	Genesis 12:1-8, 15:1-6, 17:1-7
Abraham Gives His Son as an Offering	Genesis 22:1-19
God Spares His People	Exodus 12:1-28
The Commands of God	Exodus 20:1-21
The Sin Offering	Leviticus 4:1-35
God's Righteous Servant	Isaiah 53
Jesus is Born	Luke 1:26-38, 2:1-20
Jesus is Baptized	Matthew 3; John 1:29-34
Jesus is Tested	Matthew 4:1-11
Jesus and the Religious Leader	John 3:1-21
Jesus and the Samaritan Woman	John 4:1-26, 39-42
Jesus and the Paralyzed Man	Luke 5:17-26
Jesus Calms the Storm	Mark 4:35-41
Jesus and the Man with Evil Spirits	Mark 5:1-20
Jesus Raises a Man from the Dead	John 11:1-44
Jesus Talks about His Betrayal and the Covenant	Matthew 26:17-30
Jesus is Betrayed and Faces Trial	John 18:1-19:16
Jesus is Crucified	Luke 23:32-56
Jesus is Resurrected	Luke 24:1-35
Jesus Appears to the Disciples, Ascends to Heaven	Luke 24:36-53
Enter into the Kingdom God	John 3:1-21

For more information on the Creation to Christ DBS go to: www.movements.net/discoveringgod

GETTING ORGANIZED

Materials

- Following and Fishing: Getting Started booklet for trainees.
- Bible inserts
- A New Testament in contemporary English.
- Highlighters, scissors and glue sticks.

Printing the participants' booklet

Download the latest version: www.movenetwork.org/engage/resources

Printing instructions:

- back to back
- two sided landscape
- two pages on each side
- A4 (adjustment needed for US letter)
- 100gsm
- colour printing for the front and back cover only
- black and white for the rest
- folded and stapled

ESSENTIAL READING

- What Jesus Started: Joining the Movement Changing the World by Steve Addison.
- Discipleship ReRevolution by Steve Smith and Ying Kai.

Want to keep learning?
www.movenetwork.org/engage/resources

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multiplying
disciples
& churches
everywhere.