

Summary of My Current Level of Proficiency

Name _____

Date _____

Language _____

On the basis of the Checklists of Tasks and the ACTFL Guidelines, I estimate my current proficiency in each of the following skills to be as follows:

Listening	Speaking	Reading	Writing
___Novice - Low	___Novice - Low	___Novice - Low	___Novice - Low
___Novice - Mid	___Novice - Mid	___Novice - Mid	___Novice - Mid
___Novice - High	___Novice - High	___Novice - High	___Novice - High
___Intermediate - Low	___Intermediate - Low	___Intermediate - Low	___Intermediate - Low
___Intermediate - Mid	___Intermediate - Mid	___Intermediate - Mid	___Intermediate - Mid
___Intermediate - High	___Intermediate - High	___Intermediate - High	___Intermediate - High
___Advanced	___Advanced	___Advanced	___Advanced
___Advanced Plus	___Advanced Plus	___Advanced Plus	___Advanced Plus
___Superior	___Superior	___Superior	___Superior
___Distinguished	___Distinguished	___Distinguished	___Distinguished

Chart Your Progress

Evaluate yourself at regular intervals, then use the charts on the following pages to keep track of your progress in moving toward your goal.

Levels of Proficiency — Listening

D																								
S																								
AP																								
A																								
IH																								
IM																								
IL																								
NH																								
NM																								
NL																								
Months	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

Chart Your Progress

Levels of Proficiency — Speaking

D																								
S																								
AP																								
A																								
IH																								
IM																								
IL																								
NH																								
NM																								
NL																								
Months	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

Chart Your Progress

Levels of Proficiency — Reading

D																								
S																								
AP																								
A																								
IH																								
IM																								
IL																								
NH																								
NM																								
NL																								
Months	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

Chart Your Progress

Levels of Proficiency — Writing

D																								
S																								
AP																								
A																								
IH																								
IM																								
IL																								
NH																								
NM																								
NL																								
Months	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

Chart Your Progress