# Language Learning Principles

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# **Summary**

This book is a collection of language learning principles and guidelines for language learners. The general principles describe what the editors of the bookshelf hold to be important truths about second language acquisition. The guidelines give advice on what to do, based on the general principles. Many of the principles are linked to illustrative stories from the Language Learning Story database. These principles and guidelines can help language learners understand what to do to learn a language more effectively, and why they are doing what they are doing.

# General language learning principles

**Principles about language in general** Language is systematic Languages have a sound system In some languages the tone system carries as much meaning as consonants and vowels Languages have a grammatical system Languages have a lexical system There is seldom a one-to-one correspondence between words in two languages Language is used in discourses People sometimes speak or write in monologues Language is used interactively in conversation Language is meaningful Language has referential meaning Language has functional meaning Language has social meaning Language has cultural meaning There are variations in language due to regional, status, and stylistic differences Knowing a language involves control of integrated skills Language skills may be productive or receptive Some chunks of language are stored and used as wholes People use language creatively by recombining elements Language knowledge may be intuitive **Principles about learner characteristics** People are wired to learn languages Aptitude can speed up learning Some learners take on a different persona when speaking another language Some learners resist sounding and acting differently

Some learners have a higher tolerance for ambiguity than others

Learners who use learning strategies effectively are more successful

Learning in your preferred learning style increases motivation and effectiveness

### **Principles about learner attitudes and motivation**

Motivation affects the time spent learning a language

Learner attitudes affect motivation

If you expect to succeed, you will be more likely to succeed

If you have unreasonable expectations you may get discouraged

Certain kinds of anxiety can interfere with your language learning

Fear of making mistakes can inhibit your learning

Too much correction or criticism can inhibit your learning

The more positive you feel about the speakers of a language, the more motivation you will have to learn it

If you want to communicate with speakers of a language, you will be more motivated to learn it

If you need to use a language, you will be more motivated to learn it

### **Principles about language learning situations**

People learn better if their learning is encouraged by speakers of the language People need to experience language used in context

If speakers of two languages really want to communicate, they can do a lot with a little People have expectations about who speaks which language

Communication tends to take the easiest path

People may resist speaking their language because they want to learn your language

People often modify their speech when speaking to foreigners

In traditional cultures there may be only one right way to do something

It may be culturally inappropriate to be too direct in what you say

Every culture has taboo topics

# Principles about the language you are learning

The more the language you are learning is like one you already know, the more quickly you will learn it

Differences between two languages interfere when you try to learn them

Some features of language are harder to learn than others

# Principles about language acquisition

Language acquisition is a developmental process

People learning a language build up their own systems

You need lots of comprehensible input

You can improve your sound discrimination, memory, and grammatical sensitivity skills You can compensate for deficiencies in some skills

The sooner you can acquire the grammatical system of a language, the sooner you can use the language creatively

You need chances to negotiate meaning with native speakers

Native speakers often highly value good pronunciation

Repetition helps things stick

Producing language that sounds too good can be misleading

The more meaningful exposure, the more you learn

You cannot rely on memorization alone

Memorized material can give a false impression of your proficiency Your brain analyzes language whether you know it or not Knowing a language is different from knowing about a language Knowing about a language may help you learn it Body language, gestures, and your face communicate as much as words Learners build up an auditory image of what the language sounds like Language learners need to learn to understand and produce well-formed discourses Predictable scripts aid comprehension Language learners seem to hit plateaus You need exposure to language in a variety of social settings One language may interfere with another The mind tends to filter out redundant material Productive skills are harder than receptive skills Comprehensible output can become comprehensible input Knowing the topic helps you interpret what you hear or read Linguistic context helps you understand the meaning of words Knowledge of a language may lie dormant, but be reactivated Multilingual people may associate languages with a particular setting or audience

# **Guidelines for language learners**

#### Be proactive

Take advantage of everything that happens for language acquisition Use selective attention to help your accuracy Combine formal and informal learning Put yourself in situations where you have to use the language you are learning Establish that you want to speak the language you are learning Be creative in finding ways to practice the language Expand the areas of language you can operate in Use a variety of strategies to help yourself learn Take opportunities to use the language Set yourself achievable goals Find ways to generate comprehensible input Help yourself understand Use analysis to help you understand how the language works Get exposure to different kinds of discourses Use media resources Look for reading material of the appropriate difficulty Use cognates, but use them carefully Don't always try to understand every word you hear Help vourself remember Apply what you have learned as soon as possible Make up games that work like drills Memorize things when you have to Associate words with images to help you understand and remember them Reinforce learning with actions

#### **Encourage yourself**

Find ways to relax and get away from the language for short breaks Believe that you can learn a second language Find ways to express your personality Accept the fact that you sound like a child, even though you are an adult Remind yourself of your motivation Find nonthreatening people to talk with Look for situations you can participate in without pressure to speak a lot Do not let your desire to be correct keep you from talking Set yourself up for small successes Learn to take risks wisely Expect to make mistakes, and learn from them Be patient with yourself and persevere Learn to laugh at your mistakes Watch people's reactions to what you say Find ways to explore your interests using the language Consciously remind yourself of what you like about the culture, the people, the language Remind yourself of what you are good at **Interact with people** Establish reciprocal relationships Adapt to the culture to make relationships and learn the language Participate as fully as possible in the culture Listen to other learners talk with native speakers Listen to people talking to each other in their language Talk with children and listen to parents talking to their children Make a culture-friend who will tell you when you act or speak inappropriately Try to find a pen pal Look for people who have time to talk with you Find good language role models Listen to people of different regions and social status Make friends with some monolingual speakers Find people who speak clearly Show your interest in the language and culture Learn appropriate varieties of the language Ask for help and you will learn as well as make friends Find ways to communicate Use all your resources to communicate Coin words to help you communicate, but be careful Rehearse what you want to say ahead of time If you do not know a word, circumlocute Learn responses to keep the conversation going Use memorized phrases at the beginning to get people to talk to you Check out the meaning of words, before you add them to your active vocabulary Give and get feedback to check comprehension